



How can you benefit from a monthly health consultation & weekly weigh-in?

Accountability- Successful dieters lose weight if they are accountable for their weight loss. Almost everyone who misses a monthly appointment gains weight.

Monitoring your health and progress- Your health is our main concern and the monthly appointment allows us to ensure that your weight loss program is successful and that you are achieving better health.

Natural Products and Prescriptions- The products that we recommend and prescribe when you first enroll are examined at each appointment to ensure effectiveness. Adjustments are made to fit your individual program.



OUR STAFF



Phillip Douglas Cochran, MD

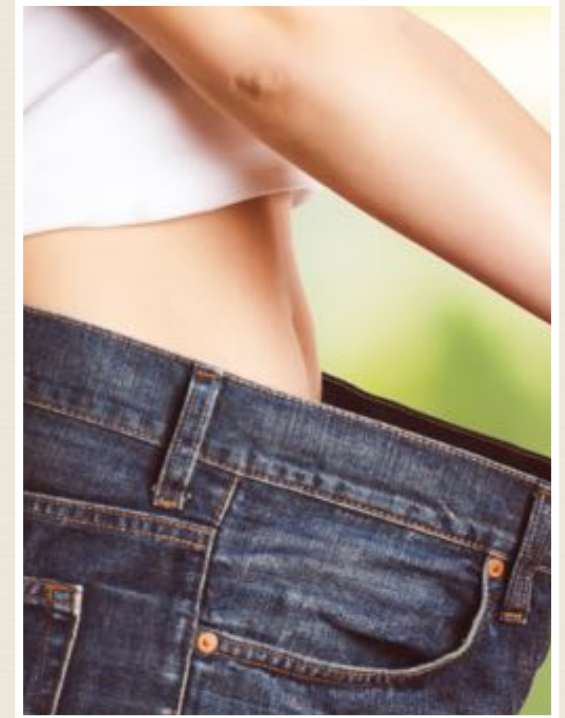
Medical Education: Texas Tech University Science Center
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Board Certification: American Board Family/General Practice



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WEIGHT LOSS SOLUTIONS
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- **Weight Loss Management**
- **Specialized labs & health assessment**
- **BMI analysis thru latest technology**
- **Optimal wellness plan**





MAKE THE DECISION TODAY

Make the decision today that will change the rest of your life! Begin a journey that will help you reach your weight loss goals and teach you how and what you should be eating. We offer a personal approach to guide you along the way.

Losing weight, living and maintaining a healthy lifestyle, can be one of the most rewarding decisions you make. Weight reduction is gradual but can be accomplished with determination and a good plan. We at Weight Loss Solutions do not recommend a crash diet program. Our programs use regular grocery store food and stress steady, consistent weight loss.

We believe a long productive life is dependent on maintaining a proper diet and ideal weight, regular exercise, and proper management of stress. There are many health benefits to reaching your ideal weight, including- lowering of blood pressure, reduction of cholesterol and triglycerides, and a reduced work load on your heart. Not to mention looking and feeling your best!

KICKSTART PROGRAM: \$295

- 30 DAY DETOX CLEANSE
- 4 EXTREME LIPO-DEN INJECTIONS (1 WEEKLY)
- SAMPLE NUTRITION PLAN



Thomas has lost over 40 lbs! He feels much better and has increased energy!

RX PROGRAM: \$375

- 4 EXTREME LIPO-DEN INJECTIONS (1 WEEKLY)
- PRESCRIPTION STRENGTH FDA APPROVED APPETITE SUPPRESSANT



Angie has lost over 45 pounds and continues to strive towards building muscle and decreasing body fat.

COMPLETE WELLNESS PROGRAM: \$535

- 30 DAY DETOX CLEANSE & PROTEIN DRINKS
- 4 EXTREME LIPO-DEN INJECTIONS (1 WEEKLY)
- NUTRITIONAL GUIDANCE
- LABWORK & REVIEW WITH MEDICAL PRACTITIONER

TESTOSTERONE REPLACEMENT: \$897-1200

- PERSONALIZED LABWORK
- REVIEW BY MEDICAL PRACTITIONER TO DETERMINE APPROPRIATE TREATMENT PLAN
- 6 WEEKS TESTOSTERONE INJECTIONS/LIPO-DEN EXTREME INJECTIONS (PENDING LABS)



Joe has lost over 100 lbs and is living his best life ever